



# FENG SHUI

## Savor wind and water along the Yangzi River and metropolises in Beijing, Xi'an, Dazu, Three Gorges, and Shanghai

Feng Shui is an ancient Chinese system of aesthetics believed to use the laws of both Heaven (astronomy) and Earth (geography) to help one improve life by receiving positive qi. The term "Feng-Shui" literally translates as "wind-water" in English. The ancient Chinese believe that "qi" rides the wind and scatters, but retained when encountering water. A movable positive or negative life force, qi plays an essential role in Feng Shui. Traditional explanations of qi as it relates to Feng Shui would include the orientation of a structure, its age, and its interaction with the surroundings including the local microclimates, the slope of the land, vegetation, and soil quality.

Traditional Feng Shui practice always requires the use of an extremely accurate Chinese compass, or "luo pan", in order to determine the directions in finding any auspicious sector in a desired location.

### 15 Days (Tour Code-FYZ)

This tour departs on Saturdays and returns on Saturdays. There are four tour departures during the year and they are in April, May, September, and October. Please refer to the [Dates & Prices](#) or [Access China Tours website](#) for 2012 "Tour Dates", the current "Tour Land Price", "Single Supplement", and "International Air Cost". Call 1-800-788-1399 for more details.



### Day 1 Depart North America

Board your international flight bound for China, cross date line.

### Day 2 Arrive Beijing

Upon arrival at Beijing Capital Airport, one of the world's newest and largest, you are met by your Beijing tour guide and transfer to your luxury hotel in the heart of the city.

Get acquainted with your fellow travelers at the Evening Reception and receive updates on activity schedules from your tour manager.

<Evening Reception>

The Peninsula Beijing

### Day 3 Beijing

Your sightseeing in Beijing begins with a walk on **Tiananmen Square** – the world's largest public plaza. Next, visit the first of four UNESCO World Heritage sites you will see in Beijing, the **Forbidden City**. This magnificent imperial palace was the seat of the emperors of Ming and Qing dynasties from the 14th to the early 20th century.

After lunch, explore Beijing's old '**Hutongs**' - traditional **courtyard**



**houses** built along narrow alleyways. Climb up the 600 year old **Drum and Bell Towers** for a great view of the neighborhood, and then visit the private home of a local Beijing family and hear their stories.

Return to your hotel for some rest before going out to a local restaurant for a welcome Peking Duck Dinner, the signature dish of China's capital.

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**The Peninsula Beijing**

#### Day 4 Beijing

Visit the incomparable **Temple of Heaven** early in the morning to see groups of local residents doing Taichi and other forms of exercises in the beautifully maintained gardens of the park. Behold and appreciate

the magnificent structure of the Hall of Prayer, the acoustic echo wall, and other sights on this huge ground of the former imperial domain.

Take a stroll on **Liulichang Culture Street** where traditional arts and crafts and paintings are sold.

After lunch, tour the enchanting **Summer Palace**, a huge imperial resort built for the Qing emperors. Finish your visit with a boat ride on Kunming Lake.

In the spirit of the era of Chinese Emperors, you are invited to enjoy an Imperial Cuisine Dinner in a classic courtyard restaurant tonight.

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**The Peninsula Beijing**

#### Day 5 Beijing

Today's highlight is an excursion to the **Great Wall** of China. Explore the more scenic and rugged Mutianyu section, where the extraordinary Wall winds up and down steep mountain ridges. Also visit a **hillside village** for lunch and meet and chat with local residents.

Return to hotel and rest of the day is free.

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**The Peninsula Beijing**

#### Day 6 Beijing → Xi'an

This morning, transfer to airport. Visit the trendy **798 Art Complex** built in an old machinery factory on the way to view Chinese modern art forms created by Beijing's young up and coming artists. Fly to Xi'an, the ancient capital of China.

After refreshing in the hotel, have a walk along the massive original **City Wall**. Xi'an is one of the few large cities left in China to retain its original ancient defense system. Next visit the quaint yet bustling **Shuyuanmen Market** filled with locals and tourists.

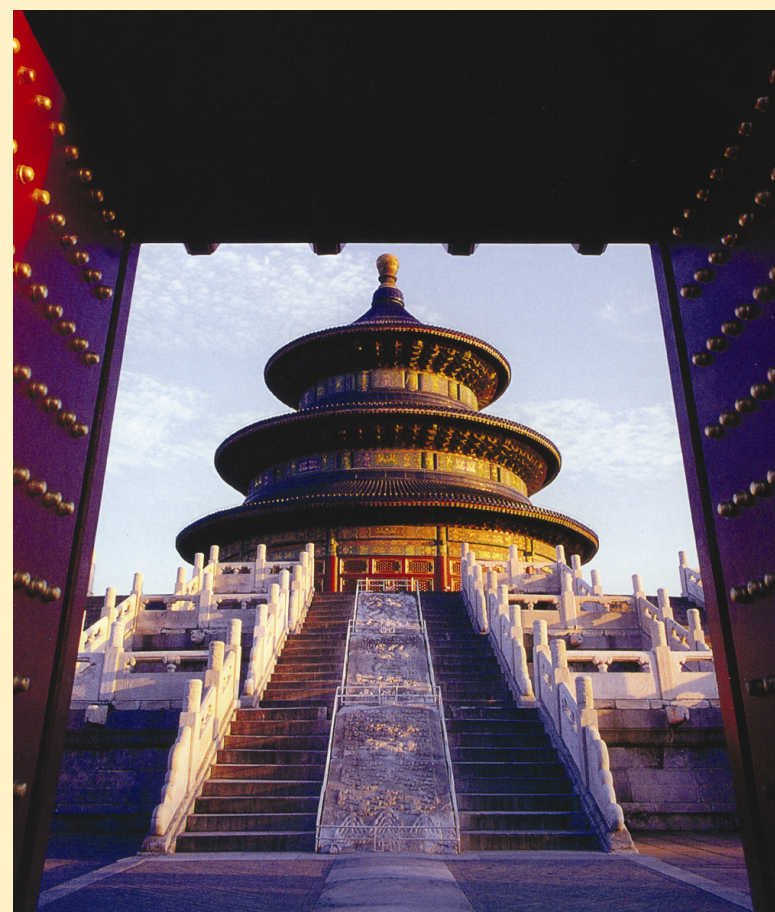
Tonight, enjoy a special Xi'an Cuisine Dinner in a fine local restaurant.

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**Sofitel on Renmin Square**

#### Day 7 Xi'an

Morning excursion to the world renowned 2,200-





year-old **Terracotta Warriors** of China's first Emperor - Qin Shihuang, discovered in 1974 by farmers when digging a well. This archaeological excavation site is a stunning exhibit of more than 7,000 unique ancient life-size terracotta statues of soldiers, officers, horses, chariots and other artifacts.

Upon returning to the city, visit the elegant **Big Goose Pagoda** which has survived a millennia of war and earthquakes. Tour the exquisite **Xi'an History Museum** for its wonderful collection of relics spanning almost 3,000 years.

In the evening, you will enjoy a Special Dumpling Dinner followed by an elaborate **Tang Dynasty Style Stage Show** which recalls times when Xi'an was the largest city in the world.

<B-L-D> **Sofitel on Renmin Square**

#### Day 8 Xi'an → Chongqing

After breakfast, transfer to airport for an early afternoon flight to Chongqing. On the way, visit the **Yangling Archaeological Site & Museum** that displays priceless antiquities found here – an imperial tomb of the Han Dynasty over 2,000 years old.

Chongqing, a municipality with over 30 million residents, is arguably the largest city in the world. Upon arrival, transfer to hotel for a short rest.

Later in the day, visit the Chongqing Zoo for a

closer look at the iconic **Giant Pandas** indigenous to Sichuan Province. Then tour **Ciqikou** neighborhood. You will have the opportunity to visit a **local family** and chat with the residents about their daily lives.

Have dinner in the hotel restaurant.

<B-L-D> **InterContinental Chongqing**

#### Day 9 Chongqing ↔ Dazu

Travel by motor coach to the small county town of Dazu. Explore the fascinating **Buddhist Carvings** from the Song Dynasty (960-1279AD) on the slopes of North Hill and Baoding Hill. Each of the thousands of carvings at this UNESCO World Heritage site is a unique artistic rendering.

Return to Chongqing and enjoy a fiery Sichuan Cuisine Dinner at a local restaurant before boarding the Victoria cruise ship in the evening.

<B-L-D> **Victoria Jenna**

#### Day 10 Yangzi River Cruise

Enjoy a good night's sleep and settling into your cabin. The on-board English-speaking cruise director and staff members are always on hand to assist with information and any requests. Victoria cruise ships offer the most comfortable and enjoyable sailing experience on the Yangzi River.

Your first port of call is **Fengdu**. Experience the town's ancient history at its unique hillside temples and later tour an active local market. This evening you are a guest of the Captain's Welcome Banquet.

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**Victoria Jenna**

### Day 11 Yangzi River Cruise

The highlight of the cruise is sailing through the magnificent **Three Gorges** (Qutang, Wu, and Xiling) of the Yangzi, featuring towering peaks, sheer cliffs and dense vegetation.

The **Qutang, Wu, and Xiling Gorge** each possess unique visual power and natural beauty, with cliff walls and dramatic vistas unfolding as the ship passes through the panoramic site.

Get a closer look at the geology and see ancient "hanging coffins" on cliffs in the **Lesser Gorges** using a smaller motor boat to sail the tributary Daning River. The ship then navigates the **Three Gorges Shiplocks**. Enjoy a unique **talent show** by the crew members after the Farewell Dinner.

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**Victoria Jenna**

### Day 12 Yichang → Shanghai

This morning the cruise ship docks for a tour of an engineering marvel – **Three Gorges Dam**, the world's largest hydroelectric project.

The cruise ends in Yichang and you fly to Shanghai. Transfer and check in your luxury hotel.

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**Four Seasons Hotel Shanghai**

### Day 13 Shanghai

Today, visit the **Shanghai Museum**. Its galleries contain world-class collections of fine arts, historic relics, and archaeological treasures. The Ancient Bronze Gallery is considered the world's best.

Visit the former **French Concession**, represented by the leafy **Fuxing Park** and western colonial era architecture. Stop by **Xintiandi**, a redeveloped, chic old neighborhood with trendy pubs, restaurants, coffee shops, and fashion stores.

Continue your exploration at **the Bund**, a waterfront promenade lined with European art-deco buildings. Visit the small, yet exquisite, traditional **Yuyuan Garden** and the old town area.

Enjoy a fabulous and stunning **Acrobatic Show** following a Shanghai Specialty Dinner.

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**Four Seasons Hotel Shanghai**

### Day 14 Shanghai

Today is free for your own leisure or exploration. World Expo 2010 runs from May to October and you may want to go for a visit.

For the last evening in China, you and your fellow travelers are invited to a farewell dinner featuring Shanghai Cuisine in an elite local restaurant.

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**Four Seasons Hotel Shanghai**

### Day 15 Return Home

Transfer to airport and board your homebound flight. Arrive in North America on the same day. <B>

